



# Aging and Adult Services - Public Guardian Senior Affairs Commission

## SENIOR AFFAIRS COMMISSION GENERAL SESSION MEETING WEDNESDAY, JUNE 18, 2025, 1:00 PM

### MINUTES ATTENDANCE

#### ATTENDANCE KEY:

P: Present  
NP: Not Present  
E: Excused

#### STANDING COMMITTEE CHAIR KEY:

(AC): Access Committee Meeting Chairperson  
(EC): Executive Committee Meeting Chairperson  
(HAC): Healthy Aging Committee Meeting Chairperson  
(IC): Intergenerational Committee Meeting Chairperson  
(LC): Legislative Committee Meeting Chairperson  
(NC): Nutrition Committee Meeting Chairperson

Commissioners:	P	NP	E	Department of Aging & Adult Services-Public Guardian (DAAS-PG):
<b>First District – Col. Paul Cook (Ret.)</b>				<i>(Please list name in alphabetical order and titles of those in-person.)</i>
Billy Rosenberg			X	Adrianne Woodward – Executive Administrative Assistant I
VACANT				Alice Kirk – Program Manager I
<b>Second District – Jesse Armendarez</b>				Alicia Corsey – Executive Administrative Assistant II
Louisa Ollague			X	Alicia Miller – Executive Administrative Assistant I
VACANT				Brizza Ramirez – Interim Deputy Director
<b>Third District – Dawn Rowe</b>				Cassie Johnson – Executive Administrative Assistant I
Dr. Deborah Nattress, SAC Chair (EC)	X			Christine Devlin – Staff Analyst II
Judith “Judy” K. Walsh			X	Danielle De Los Santos – SSW / SAC Liaison
<b>Fourth District – Curt Hagman</b>				David Bohl – Staff Analyst II
Keith Stroup (IC)	X			Dr. Chanel Serano-Rodriguez – Interim Deputy Director
Suzanne “Sue” Yoakum			X	Dr. TraChanel Cater – Mental Health Program Manager I
<b>Fifth District – Joe Baca, Jr.</b>				Elisha Manthis – Office Asst. III / COC Designee
Isabel Bryan	X			Gina Gonzalez – Administrative Manager
Anniebell “Annie” Perry, SAC Secretary	X			Glenda Jackson – Returning Retiree
<b>Members At Large</b>				Heather Granger – Supervising Public Health Nurse
Fred Keville	X			Jakob McCarthy – Deputy Director
Janice Hauser	X			Lisa Lopez – Executive Administrative Assistant I
<b>Professional Members</b>				Lizeth Lopez-Avila – District Manager
Dr. Ben Jauregui (HAC)			X	Michelle Torres – Exec. Admin Asst. III/Clerk of Commission
VACANT				Paul Gray – Chief Deputy / Public Guardian
<b>Regional Council on Aging (RCA):</b>	P	NP	E	Ricardo Alvarado – Supervising Social Worker
Maricela Ferguson: <b>East Valley RCA</b> (LC)	X			
Carla Jarvi: <b>Morongo Basin RCA</b>			X	
Gwen Alber: <b>West Valley RCA</b> (NC)			X	
Ahmed A. Elhawary: <b>North Desert RCA</b>		X		
VACANT: <b>Colorado River RCA</b>				
VACANT: <b>Victor Valley RCA</b>				
Craig Swanson: <b>Mountain RCA</b> , SAC Vice Chair (AC)	X			
<b>Guests: (Please list name, title, and affiliation.)</b>				
Tom Donahue – FSA				
Arlene Padilla – FSA				
Mary Villa – Outreach & Education Coordinator, HICAP				
JoAnn Wilkes – Program Manager, Rolling Start				
(29) Live-Stream Viewers				



## Aging and Adult Services - Public Guardian Senior Affairs Commission

### 1. CALL TO ORDER; PLEDGE OF ALLEGIANCE; INTRODUCTIONS BY COMMISSION, DAAS-PG STAFF, AND MEMBERS OF THE PUBLIC

- SAC Chair, Dr. Deborah Nattress called the meeting to order at 1:00 p.m.

### 2. PUBLIC COMMENTS: This is the opportunity for members of the public to address the Commission on matters within the Commission's jurisdiction. Please limit comments to three (3) minutes or less. State law prohibits commissioners from discussing or taking action on items not on the agenda. Public Comment can be submitted via email at [DAASSAC@hss.sbcounty.gov](mailto:DAASSAC@hss.sbcounty.gov). In the subject line, provide your full name and the words, "Public Comment". Comments are read for the record and are limited to three (3) minutes. Public comments do not have to be submitted in advance.

- Public Comment access was provided in both the West Valley and Desert Regions.
- There were no public comments.

### 3. APPROVAL OF MAY 21, 2025, MINUTES

- Motion to Approve: Commissioner Craig Swanson moved to approve the minutes from May 21, 2025.
- Motion Seconded: Motion was seconded by Commissioner Isabel Bryan.
- A roll call vote was conducted, and minutes were approved without changes.

### 4. PRESENTATION: Health Insurance Counseling & Advocacy Program (HICAP): Program and Service Overview, presented by Mary Villa, Outreach & Education Coordinator, Health Insurance Counseling Advocacy Program (HICAP) (*Continued*)

The Commission and DAAS-PG staff welcomed back Ms. Mary Villa as she resumed her presentation on Medicare Options 2025.

#### **Medicare Includes:**

- Preventative Care; Doctor and Specialist Visits; Lab Work; Radiology; Hospital Stays; Post-Op Skilled Nursing; Physical Therapy.

#### **Medicare Does not cover:**

- Foreign travel, vision, dental, or hearing care, or home health care unless tied to a rehab.

#### **Original Medicare Premiums, Coinsurance & Deductibles:**

- **Medicare Part A (Hospital Insurance)**, \$0 monthly premium (with 40 Social Security quarters), \$1,676.00 deductible per benefit period (Days 1-60: \$0 co-pay)
- **Medicare Part B (Medical Insurance)**, \$185.00 Standard rate for new enrollees, \$257.00 annual deductible, 20% coinsurance.

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### **4. PRESENTATION: Health Insurance Counseling & Advocacy Program (HICAP):** Program and Service Overview, presented by Mary Villa, Outreach & Education Coordinator, Health Insurance Counseling Advocacy Program (HICAP) *(Continued)*

- **Medicare Part D: Prescription Drug Plan**, Avg. Premium @\$40.00/mo; Annual Deductible: \$0 - \$590; Annual Max Co-Pay: \$2,000; Option to spread payments over 12 months.

#### **Income-Related Monthly Adjustment Amount (IRMAA):**

- Premiums increase based on income.

#### **Medigap Plans and Medicare Advantage:**

- Ms. Villa explains Medigap plans, and the different levels of coverage available, comparing Original Medicare to Medicare Advantage, highlighting the additional benefits and lower out-of-pocket costs of Medicare Advantage plans.
- The differences between Medicare Advantage and Original Medicare includes premiums, out-of-pocket costs, and network restrictions.

#### **Low-Income Programs and Fraud Prevention:**

- Ms. Villa discussed the Extra Help program, which assists with medication costs for those qualifying for Medi-Cal.
- The Medicare Savings Program is explained, which helps cover the \$185 monthly premium for those with low incomes.
- Fraud prevention is emphasized, with examples of common scams targeting the elderly, such as unsolicited deliveries and unneeded medical equipment.
- Suggestions were made for all seniors to review their summary notices and to be cautious about providing their Medicare ID number to unfamiliar individuals or companies.

#### **Examples of Fraud and Additional Resources**

- Some examples of fraud cases include: unneeded medical services, auto deliveries, and unauthorized hospice enrollments.
- Emphasizes the importance of checking summary notices and being cautious about providing personal information.
- The role of the Care Team in addressing fraud cases was mentioned, along with the importance of reporting any suspected fraud.

Ms. Villa concluded her presentation by encouraging seniors to volunteer at senior centers and to seek help if they feel overwhelmed or targeted by scams.



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### **5. SAC CHAIR'S REPORT:** Dr. Deborah Nattress, SAC Chair

#### **A. What is Your Why?**

- Commissioner Ferguson shared her why and background of growing up in a tri-cultural, bilingual home and the importance of elders and children in their family.
- Commissioner Ferguson emphasizes her commitment to helping others, which is reflected in the involvement with the Senior Affairs Commission (SAC).
- Next month Commissioner Bryan will present.

#### **B. RCA Workgroup Report** – There was no update on the project.

- Commissioner Nattress shared her busy schedule but the importance of being active in the community.
- Dr. Nattress discussed the openings in the First / Second District and in the Professional positions.
- She also mentioning the new commissioners who are expected to attend the next meeting.
- Dr. Nattress encouraged everyone to hand out the surveys in the community. Currently, 293 surveys have been collected, with 267 from the SIA team and 30 from other sources.

### **6. DAAS– PG DIRECTORS REPORT:** Interim Assistant Director, Glenda Jackson, DAAS-PG

#### **A. Master Plan for Aging Update**

- Ms. Glenda Jackson recognized June as Elder Abuse Awareness Month and thanked the Commission for their advocacy and education efforts.
- Ms. Jackson highlighted the expansion of Pacific Village. It's designed to serve those who are homeless or at risk of becoming homeless, particularly older adults, adults with disabilities, and individuals with acute substance use challenges who have historically faced barriers to accessing appropriate treatment.
- At Glenda's request, the Department's Safety Coordinator and Deputy Director, Jakob McCarthy, has been asked to provide an update to the Commission regarding the ongoing Ranch fire.
  - Jake identified 86 clients in the evacuation area to ensure they had plans in place. He discussed the department's proactive outreach to clients during elevated temperatures, contacting over 900 and providing assistance to seven (7) clients who needed resources.
  - Mr. McCarthy emphasized the team effort across the department in supporting clients during emergencies. He also shared that the staff called 1200 individuals, with almost 1000 being spoken to, demonstrating the department's commitment to supporting clients.



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### **6. DAAS– PG DIRECTORS REPORT:** Interim Assistant Director, Glenda Jackson, DAAS-PG (*Continued*)

#### **B. Senior Nutrition Program Update**

- Interim Deputy Director, Liz Lopez-Avila reported on this program. including the provision of 600 meals in the last two months and exceeding the congregate meal goal by 112%.
- Provided 94% of the full delivered meals for the fiscal year, with plans to exceed the goal.
- Ms. Lopez-Avila mentioned the success of the resource fairs and the planning for future events. She also announced the approval of contracts for various meal providers, with some contracts pending board approval.

#### **C. County Aging & Disability Resource Connection (ADRC)**

- Interim Deputy Director, Liz Lopez-Avila reported on this program, reporting that 4,500 calls, 3,500 referrals, and 4,100 follow ups have been conducted. She also highlighted the community engagement activities, including outreach events and application submissions for various services.
- Ms. Lopez-Avila shared insights into the efforts of the ADRC and its partners, including the provision of enhanced information and referral assistance. Emphasizing the importance of the ADRC in providing support and resources to clients.

### **7. ITEMS FOR ACTION**

#### **A. Proposal & Discussion – Meeting Schedule Change**

##### **MOTION PROPOSED:**

- Move the Senior Affairs Commission standing committee meetings from the 2<sup>nd</sup> Wednesday of each month to the 3<sup>rd</sup> Wednesday.
- All standing committee meetings will be held sequentially, starting at 9:00 AM.
- The duration of each meeting will be shortened from one hour to 30 minutes.
- The 1st meeting (if approved) under this new schedule will be Wednesday, July 16, 2025.
- The meetings will follow a sequential schedule, starting with the Executive Committee Meeting, followed by the other committees.
- The afternoon session will be the General Session Meeting, starting at 1:00 PM, maintaining the current schedule.

##### **PURPOSE AND JUSTIFICATION:**

- To increase participation by reducing the number of days commissioners are required to attend meetings in person
- To improve scheduling for staff and room availability.
- To allow flexibility for adjustments based on unanticipated needs, such as guest speakers or varying committee durations.

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### **7. ITEMS FOR ACTION** *(Continued)*

#### **DISCUSSION HIGHLIGHTS:**

- There was a debate about whether the schedule should be fixed or flexible, with acknowledgment that adjustments might be necessary.
- Some suggested 3 hours is too long and could have an impact on attendance.
- Suggestions to limit the scope to the current motion without delving into detailed structural changes or committee consolidations.
- Emphasis on flexibility, recognizing that some committees may need more or less time.
- The importance of short, focused presentations (8-10 minutes) rather than lengthy readings.
- Some Commissioners expressed support for the idea, highlighting potential benefits for attendance and scheduling.
- An objection was raised regarding lack of detailed structure in the motion, with a preference for clear, actionable steps and understanding of how meetings will be sequenced and managed.

#### **B. Approval of SAC Meeting Schedule Change**

#### **PROPOSAL EVALUATION**

- The group acknowledged that exploring modifications as an offer or possibility is appropriate, but moving forward with formal proposals requires further clarification and support, especially regarding the legal implications.

#### **BROWN ACT CONSIDERATIONS**

- The importance of understanding what constitutes a public meeting under the Brown Act was emphasized. Standing committees may be subject to these regulations unless adjustments are made, which would require full support from the commission. There was concern about the potential for violations, such as serial meetings or reporting out via email, which are prohibited.

#### **AGENDA AND MEETING STRUCTURE**

- It was noted that the general session agenda should remain unchanged, and any modifications to committee agendas must adhere to legal requirements. The length of meetings is flexible if agenda items are completed and properly noticed.

#### **SCHEDULING ADJUSTMENTS**

- The possibility of maintaining the current third Wednesday for the general session while adjusting standing committee schedules was discussed. Moving committees around to avoid conflicts was considered, provided proper notice and adherence to agenda requirements.

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### **7. ITEMS FOR ACTION (continued)**

#### **LEGAL AND ADMINISTRATIVE PROCESSES**

- Recommendations included bringing the topic to the executive committee for further review, especially regarding implications of the Brown Act and potential changes to the standing committees, particularly those not governed by existing ordinances.

#### **COMMITTEE AUTHORITY AND FORMALIZATION**

- Concerns were raised about how certain committees became official and what authority the commission has to modify them. Ensuring clarity on their status and authority is a priority for engagement with county council.

#### **PARTICIPATION AND MEETING FREQUENCY**

- There was acknowledgment of the burden of multiple meetings on participants. Strategies to increase engagement without overburdening members were discussed, emphasizing quality participation over attendance.

#### **NEXT STEPS**

- The group agreed to table the current proposal and revisit it at the next executive committee meeting, scheduled for the second Wednesday at 1:00 PM. Any further discussion or amendments will be addressed there.

#### **DECISION**

- A motion was made and seconded to table the proposal for further review by the executive committee. The same schedule as the current month will continue until then.

### **8. STANDING COMMITTEE REPORTS (5 minutes each)**

#### **A. ACCESS COMMITTEE**

Meets 2<sup>nd</sup> Wednesday of the month; 11:00 am; Commissioner Craig Swanson, Chair

- Commissioner Swanson shared the completion of transportation surveys.
- Commissioner Isabel Bryan was appointed as Chair of the Access Committee.
- **The next meeting is scheduled for July 9, 2025, at 11:00 am.**

#### **B. EXECUTIVE COMMITTEE**

Meets 2<sup>nd</sup> Wednesday of the month; 2:00 pm; Commissioner Deborah Nattress, Chair

- The Commission will table the discussion on changing the meeting schedule for further review at the Executive Meeting.
- **The next meeting is scheduled for July 9, 2025, at 2:00**



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### **C. HEALTHY AGING COMMITTEE**

Meets 3<sup>rd</sup> Wednesday of the month; 11:00 am; Commissioner Ben Jauregui, Chair

- Commissioner Swanson shared that the DYK topic was approved for the month of June.
- Presentation on Animal Care was very informative.
- **The next meeting is scheduled for July 16, 2025, at 11:00 am**

### **D. INTERGENERATIONAL COMMITTEE**

Meets 3<sup>rd</sup> Wednesday of the month; 10:00 am; Commissioner Keith Stroup, Chair

- Commissioner Stroup shared information on a Master Plan for Aging Public Launch event
- **The next meeting is scheduled for July 16, 2025, at 10:00 am.**

### **E. LEGISLATIVE COMMITTEE**

Meets 2<sup>nd</sup> Wednesday of the month; 1:00 pm; Commissioner Maricela Ferguson

- Updates included bills on financial abuse prevention, rent waiver, and disaster preparedness
- Updated provided on the Governor's Budget release and its potential impact on cuts.
- **The next meeting is scheduled for July 9, 2025, at 11:00 am.**

### **F. NUTRITION COMMITTEE**

2<sup>nd</sup> Wednesday of the month; 10:00 am; Commissioner Gwen Alber, Chair

- Updates shared regarding solidified funding sourced by the Older American's Act.
- **The next meeting is scheduled for July 9, 2025, at 11:00 am.**

## **9. REGIONAL COUNCILS ON AGING (RCA) REPORTS (3 minutes each)**

### **A. COLORADO RIVER RCA,**

VACANT; not meeting currently.

- There was no report.

### **B. EAST VALLEY RCA,**

Commissioner Maricela Ferguson: Meeting days and times vary.

- Commissioner Ferguson shared that they had a discussion on information exchange and disaster preparedness.
- She also shared that she received a cactus plant as a gift.

### **C. MORONGO BASIN RCA**

Carla Jarvi; 4<sup>th</sup> Tuesday of the month, 12 pm, Yucca Valley Senior Center

- There was no report.





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### **D. MOUNTAIN RCA**

Craig Swanson; 4<sup>th</sup> Wednesday of the month at 12:00 pm, Leisure Shores Senior Center, Crestline

- Commissioner Swanson discussed RCA representation in Crestline, Lake Arrowhead, and Running Springs, and the need to move meetings away from specific clubs.

### **E. NORTH DESERT RCA**

Commissioner Ahmed A. Elhawary; not meeting currently.

- Communication attempts with Commissioner Ahmed have been unsuccessful despite multiple messages.

### **F. VICTOR VALLEY RCA**

VACANT; 2<sup>nd</sup> Tuesday of the month at 9:00 am, Victorville DAAS-PG

- No current report.

### **G. WEST VALLEY RCA**

Commissioner Gwen Alber; 1<sup>st</sup> Tuesday of the month at 9:00 am and the 2<sup>nd</sup> Tuesday of the month at 1:00 pm, Montclair Senior Center

- No current report.

## **10. PUBLIC ANNOUNCEMENTS**

- Danny Tekle is no longer the Program Manager with ADRC. The organization is currently recruiting a new Program Manager.

## **11. COMMISSIONER COMMENTS**

- Commissioner Nattress gave an update on Commissioner Alber, and she is having some mobility issues and going to PT.
- Clerk of the Commission, Michelle Torres, gave an update on Commissioner Yoakum and shared that she is well.
- Commissioner Hauser wanted to thank Ms. Torres for her knowledge of the Brown Act.



**Aging and Adult Services -  
Public Guardian  
Senior Affairs Commission**

**12. NEXT MEETING: WEDNESDAY, JULY 16, 2025, at 1:00 pm**

**PRESENTATION:**

**THE IMPACT OF ALZHEIMER'S AND DEMENTIA IN OUR COMMUNITY**

Arlene Bruins, Program Manager  
Alzheimer's Association

**13. ADJOURNMENT**

- Commissioner Nattress adjourned the meeting at 2:50 PM

Meeting Location, Public Comment Access & Virtual Live Stream:

**East Valley Region (In-Person Meeting Location)**

DAAS-PG San Bernardino – Administration  
784 E. Hospitality Lane, San Bernardino, CA 92415

**West Valley Region (Public Comment Access\*)**

DAAS-PG Rancho Cucamonga  
9445 Fairway View Place, Ste 110, Rancho Cucamonga, CA 91730

**Desert Region (Public Comment Access\*)**

DAAS-PG Victorville  
17270 Bear Valley Road, Ste 108, Victorville, CA 92395

**Virtual Live Stream (No Public Comment Access)**

To stream live meetings, join through your **internet browser**, use the **Microsoft Teams Application** or via **teleconference**.

**NOTICE:** Livestream/virtual access link will change to Microsoft Teams effective July 2024. Please see website, current agenda and/or email for updated access link.

As part of an ongoing commitment to improved public access, all meetings are live streamed; the San Bernardino County Senior Affairs Commission and the Department of Aging & Adult Services-Public Guardian provide this public service. Viewing meetings via the virtual access link does not allow viewers to make Public Comments or interact with the meeting in progress.

Requests for reasonable accommodations should be made by contacting the DAAS-PG Senior Affairs Commission at [DAASSAC@hss.sbcounty.gov](mailto:DAASSAC@hss.sbcounty.gov), or at (909) 891-3917, at least 72 hours prior to the meeting. Written material for this meeting is available by request.

**THIS MEETING IS CONDUCTED PURSUANT TO THE RALPH M. BROWN ACT**